



Chappell Roan 311069: What to Expect

Chappell Roan is a graduate of our Behavior Modification Program and is looking for a special home. Chappell Roan is an active, playful, and curious dog. Chappell loves to play fetch, go for runs, and play with other dogs. She would love a home with an active family who will continue to use the same positive reinforcement techniques we've found successful here at OHS. Being a young adolescent dog, Chappell is learning to regulate her emotions and with that comes some typical teenage behavior of jumping, mouthing, and a lack of body awareness. When Chappell is frustrated, overly excited, or attempting to communicate her discomfort, instead of moving away she can instead jump on her handlers and use her mouth attempting to grab onto loose fitting clothes, bags, or the leash. We've been successful at OHS using positive reinforcement techniques and redirecting Chappell's energy into appropriate outlets such as fetch, training basic manners, and learning to relax amongst the chaos. Chappell is a motivated student who loves treats and tennis balls and has already learned how to sit, lay down, stay, and walk nicely on leash.

Chappell was briefly adopted and returned in less than a week due to her high energy needs and overstimulation behavior. During this time, she would get bursts of energy and expend them by getting the zoomies, jumping on her owner, using her mouth in play, and grabbing onto loose fitting clothes. In one of these incidents Chappell's teeth did break skin on the owner in the form of a tooth scrape. This behavior was outside their realm of handler experience and felt Chappell would be a better match with someone who has experience handling energetic adolescent large breed dogs. Chappell will need a family who can pair training and appropriate exercise to help her become the most successful canine citizen. Since arriving back at OHS and entering our behavior modification program Chappell has shown great improvement in regulating her emotions. She is a favorite among staff and volunteers and other dogs. Your favorite dog's favorite dog. Her owners will need to continue practicing routine, boundaries, and settling during exciting moments. We have noticed that when off leash and overly excited Chappell will begin to chase her tail in fast rapid circles. We interrupt this behavior by physically interrupting with treats, toys, or using the leash to direct her behavior into something more calming.

Chappell would do best in a home without tiny children as she could knock them over, steal their toys or food, and become easily overstimulated by their unpredictable fast movements and loud noises. She is dog social and would do best with another playful and confident resident dog who isn't easily offended by playful behavior.

Here's how to help Chappell Roan settle in during your first months together:

If you're having people over, put Chappell Roan on leash so they learn to not dart out the front door or jump all over people. Once everyone is sitting down and calm you can drop the leash and allow your dog to decide if they want to go say hi to your guests. Ensure your guests ask Chappell Roan to sit before being pet so they're rewarded for keeping 4 feet on the floor.

Chappell Roan needs daily exercise to reduce stress. Chappell Roan loves to go for runs, walks, play fetch, and chase a flirt pole. Giving your dog a healthy outlet for some of their energy will help them settle during calm hours at home.

Work on having Chappell Roan settle on a mat, dog bed, or cot and gently praise them for lying down. If they get up to pace, call them back and use a treat to lure them into a down again. If Chappell Roan is on leash, you can hold them with approximately 4 feet of leash and wait until they offer a settle by lying down. Softly praise and treat when they do this.

Use routine to get Chappell Roan comfortable in their new home. It will take a couple weeks for Chappell Roan to feel comfortable in their new home and with you. Having a predictable schedule will help them adjust to their new home.

Practice crate training. Start by feeding meals in a wire crate and work your way up from there. It will be in your best interest to **slowly** increase time in the crate, so they view it as a safe, comfortable spot. When you cannot monitor your dog in the home, allow them some time to settle and relax in the crate.

“Puppy proof” your home and practice tether training to prevent them from getting into puppy/adolescent trouble. When home have Chappell Roan on leash, attached to you or tethered to a large piece of furniture as you go about your daily routine. This will help with potty training, bonding, and creating boundaries within the home. Let Chappell Roan drag the leash around the house or yard from time to time to simulate “freedom”, but do not let them off leash until they can 100% be trusted not to get into things they shouldn’t. This could take up to a few weeks. Crate Chappell Roan when you cannot watch them. This will ensure their puppy curiosity doesn’t get them into any trouble. You will have long lasting success if you follow this method.

Take a training class. Chappell Roan would benefit from taking some training classes with their new owners and would love to learn more alongside their family in a training class. Training classes help strengthen the bond between owner and dog by creating clear and precise communication so there are no misunderstandings. You can find more info about our training classes on our website at (<https://www.oregonhumane.org/training/training-at-ohs/>).

Visiting the Vet: Unless it is an emergency, give your dog plenty of time to bond to you before taking them to your vet. Chappell Roan does very well at the vet, they handle meeting new people well. The vet can still be a scary place. Bringing tasty treats like cheese and/or hot dogs can help make the experience more pleasant.

Try using **Adaptil (Dog Appeasing Pheromone)** or **Rescue Remedy by Bach Flower Essences**. These products may help dogs settle in new environments by easing the stress associated with change.

We’re here to help!

We want Chappell Roan to be successful in your home. We’re available to answer questions via phone and email. During your first two months with Chappell Roan, we can also set up a free one-on-one consultation. For questions or to schedule an appointment, contact us at **(503) 285-7722 ex 422** or BMODTrainers@oregonhumane.org.

Please keep in touch so we can continue to help you now and in the future. Reach out if you have questions or concerns, or just to give an update. We love to see photos and hear how our friends are doing! Thank you for adopting from the Oregon Humane Society. Congratulations on your new dog!

Behavioral Medication for your new dog

This dog has been prescribed one or more medications to help reduce anxiety and impulsivity during their time in the shelter. You may be provided with a supply of this dog’s medication(s) along with specific dosing instructions at the time of adoption. We would recommend that you continue giving this medication for at least the first 6 months after adoption to help reduce stress that may be associated with this dog making a smooth transition into your home. In order to avoid any adverse side effects (including behavioral and systemic) please do not abruptly stop administering these medications or discontinue use without consulting your veterinarian. When it appears time to stop giving your dog these medications, please contact your veterinarian for an appropriate protocol to make sure you have enough medication to allow for a gradual weaning off process. Please do not substitute other supplements or medications (including your own prescriptions) without consulting a veterinary professional.

During this process, please watch for any signs of worsening fear or anxiety. If the dog appears to be getting worse during the weaning off process, contact your veterinarian as longer treatment or a different combination of medications may be needed. Remember that successful behavioral rehabilitation often relies on a combination of pharmaceutical therapy as well as various training modalities.